

Run2Day Trimloop 10 oktober 2026



Startnr	Naam	M/V	Plaats	Jaar	afstand	Eindtijd	R1	R2	R3	R4	R5	km/u	min/km
800 meter													
978	Nathan Tadesse	m	Assen	2019	800m	04:30	02:02	02:28				10.6	5:36
977	Stacey van der Laan	v	Assen	2021	800m	08:03	03:35	04:29				5.9	10:03
1200 meter													
982	Nahom Tadesse	m	Assen	2017	1200m	05:33	01:43	01:57	01:55			12.9	4:37
989	Sterre van Yperen	v	Assen	2017	1200m	05:48	01:52	02:07	01:51			12.4	4:49
980	Ilja Stoffer	v	Assen	2019	1200m	08:07	02:48	02:51	02:28			8.8	6:45
3 kilometer													
6	Casper Scholtanus	m	Assen	2012	3 km	11:50	11:50					15.2	3:56
22	Bjorn Nijenhuis	m	Assen	2012	3 km	12:14	12:14					14.7	4:04
2	Ben van den Bosch	m	Assen	2017	3 km	12:45	12:45					14.1	4:14
13	Scott Robertson	m	Assen	2013	3 km	13:38	13:38					13.2	4:32
14	Maurits Groenhof	m	Assen	2012	3 km	14:15	14:15					12.6	4:44
23	Gert-Jan Nijenhuis	m	Assen	1980	3 km	14:37	14:37					12.3	4:52
8	Jalou Nijboer	v	Assen	2017	3 km	14:42	14:42					12.2	4:53
12	Peter Petersen	m	Tynaarlo	1956	3 km	14:57	14:57					12.0	4:58
5	Marit Scholtanus	v	Assen	2014	3 km	15:14	15:14					11.8	5:04
17	Eva Meima	m	Assen	2015	3 km	16:01	16:01					11.2	5:20
20	Boaz Strijbosch	m	Assen	2012	3 km	16:16	16:16					11.0	5:25
19	Peter Strijbosch	m	Assen	1975	3 km	16:22	16:22					11.0	5:27
1	Iris van den Bosch	v	Assen	2015	3 km	16:24	16:24					10.9	5:27
21	Nova Meima	v	Assen	2015	3 km	16:26	16:26					10.9	5:28
11	Laurens Groen	m	Assen	2012	3 km	16:37	16:37					10.8	5:32
4	Miriam Heijda	v	Bovensmilde	1992	3 km	17:09	17:09					10.4	5:42
15	Jesper Groenhof	m	Assen	2015	3 km	18:03	18:03					9.9	6:00
16	Ilja Groenhof	m	Assen	1976	3 km	18:12	18:12					9.8	6:03
18	Viola de Lange	v	Assen	1980	3 km	19:08	19:08					9.4	6:22
9	Rolanda Nijboer	v	Assen	1991	3 km	21:54	21:54					8.2	7:17
6 kilometer													
47	Willem Koning	m	Assen	1973	6 km	26:08	12:49	13:19				13.7	4:21
34	Elise Kool	v	Loppersum	1971	6 km	29:45	14:45	15:00				12.1	4:57
31	Jannie Laning	v	Oostwold	1966	6 km	31:03	15:12	15:51				11.6	5:10

Startnr	Naam	M/V	Plaats	Jaar	afstand	Eindtijd	R1	R2	R3	R4	R5	km/u	min/km
33	Jan Ettema	m	Assen	1956	6 km	31:43	16:07	15:36				11.3	5:17
43	Erik Vredevoort	m	Assen	1965	6 km	31:59	16:08	15:52				11.2	5:19
50	Eva Bloembergen	v	Assen	2009	6 km	32:41	16:23	16:18				11.0	5:26
53	Jeroen de Jonge	m	Assen	1969	6 km	33:39	17:08	16:31				10.6	5:36
48	Susanne Gerritsen	v	Assen	1978	6 km	35:09	17:46	17:23				10.2	5:51
44	Annewieke Stoffer	v	Assen	1981	6 km	35:16	18:01	17:15				10.2	5:52
29	Jan de Jonge-Slot	m	Assen	1959	6 km	35:45	17:55	17:51				10.0	5:57
52	Yvonne Boers	v	Assen	1971	6 km	36:30	18:08	18:23				9.8	6:04
63	Domien Mulder	m	Joure	1960	6 km	36:31	18:35	17:56				9.8	6:05
46	Egbert Geertsma	m	Groningen	1961	6 km	36:50	18:31	18:20				9.7	6:08
36	Norah Huisjes	v	Assen	2009	6 km	38:48	19:58	18:51				9.2	6:27
55	Loraine Van der Weij	v	Assen	1993	6 km	38:49	20:01	18:48				9.2	6:28
51	Willem Bos	m	Assen	1962	6 km	38:49	20:01	18:49				9.2	6:28
54	Margreet Gort	v	Assen	1960	6 km	39:04	19:27	19:38				9.2	6:30
32	Piet Kerstholt	m	Groningen	1947	6 km	39:23	19:49	19:35				9.1	6:33
41	Tanja de Boer	v	Assen	1977	6 km	39:50	19:43	20:07				9.0	6:38
37	Geertje Philips	v	Assen	1958	6 km	41:20	20:20	21:00				8.7	6:53
49	Thea Hendrikse	v	Assen	1964	6 km	43:32	21:25	22:07				8.2	7:15
40	Anne Rolfes	v	Beilen	2002	6 km	52:12	25:01	27:11				6.8	8:41

9 kilometer

76	Adriaan van Den Bosch	m	Assen	1983	9 km	42:44	12:46	15:23	14:36			12.6	4:44
75	Jack de Jonge	m	Beilen	1969	9 km	42:45	14:32	13:49	14:25			12.6	4:44
60	Michel van Zomeren	m	Assen	1964	9 km	45:04	15:20	14:50	14:55			11.9	5:00
69	Evan Timmer	m	Groningen	1998	9 km	45:24	14:46	28:13	02:26			11.8	5:02
68	Michelle Timmer	v	Assen	2007	9 km	45:48	15:21	15:21	15:06			11.7	5:05
67	Hanneke Verheul	v	Assen	1955	9 km	49:52	16:40	16:49	16:24			10.8	5:32
71	Ans Bosma	v	Beilen	1989	9 km	52:15	17:17	17:27	17:32			10.3	5:48
61	Inge Mekkes	v	Assen	1972	9 km	53:18	17:44	17:40	17:55			10.1	5:55
74	Nienke Timmer Rosier	v	Vries	1984	9 km	53:29	17:41	17:55	17:54			10.0	5:56
62	Irma ter Veld	v	Assen	1964	9 km	53:38	17:40	17:54	18:05			10.0	5:57
59	Ilse Nijhuis	v	Assen	1969	9 km	56:06	17:37	18:52	19:38			9.6	6:13
66	Lian Heijs	v	Assen	1976	9 km	56:15	18:27	18:17	19:31			9.6	6:14
73	Marlies Mulder	v	Beilen	1993	9 km	57:25	18:13	19:13	20:00			9.4	6:22

Startnr	Naam	M/V	Plaats	Jaar	afstand	Eindtijd	R1	R2	R3	R4	R5	km/u	min/km
45	Janette Drenth	v	Bovensmilde	1964	9 km	59:15	20:59	19:19	18:58			9.1	6:34
70	Gerard IJzermans	m	Assen	1948	9 km	1:00:40	19:46	20:39	20:16			8.9	6:44
64	Anja Pieterman	v	Nietap	1960	9 km	1:06:38	21:46	22:02	22:50			8.1	7:24
12 kilometer													
89	Julian Bijholt	m	Assen	2009	12 km	50:58	12:13	13:48	12:34	12:24		14.1	4:14
88	Frits Kremer	m	Assen	1968	12 km	55:01	13:47	13:45	13:45	13:46		13.0	4:35
94	Tadesse Kinret	m	Assen	1984	12 km	56:35	13:44	13:45	14:27	14:40		12.7	4:42
95	Sanne Scheltes	v	Assen	1994	12 km	59:46	15:21	15:02	14:55	14:30		12.0	4:58
84	Folkert Tienkamp	m	Assen	1962	12 km	1:03:41	15:50	16:00	16:07	15:47		11.3	5:18
93	Reinier Heijs	m	Assen	1973	12 km	1:07:23	17:07	16:51	16:55	16:32		10.6	5:36
92	Trea Dekker	v	Smilde	1965	12 km	1:07:24	17:08	16:51	16:55	16:31		10.6	5:36
86	Kees de Vries	m	Hoogezand	1954	12 km	1:09:59	17:37	17:25	17:36	17:22		10.2	5:49
90	Sonja Hamming	v	Bovensmilde	1979	12 km	1:11:21	18:30	17:53	17:49	17:10		10.0	5:56
91	Leo Muusers	m	Assen	1960	12 km	1:11:25	18:31	17:56	17:50	17:09		10.0	5:57
87	Freddie Kalsbeek	m	Assen	1959	12 km	1:11:26	18:31	17:56	17:50	17:10		10.0	5:57
82	Henk Hoekstra	m	Assen	1963	12 km	1:14:20	18:33	18:48	18:53	18:07		9.6	6:11
85	Marina Brinkman-Zuidema	v	Beilen	1990	12 km	1:28:04	21:29	21:31	22:34	22:31		8.1	7:20
15 kilometer													
110	Hindrik Kruizinga	m	Assen	1987	15 km	1:04:16	12:51	12:39	12:45	12:54	13:10	14.0	4:17
105	Edwin Blaauw	m	Assen	1971	15 km	1:12:49	14:31	14:19	14:30	14:43	14:48	12.3	4:51
108	Sjoerd Knoop	m	Assen	1983	15 km	1:13:37	15:21	15:02	14:55	14:29	13:52	12.2	4:54
106	Bert Schipper	m	Muntendam	1966	15 km	1:13:51	14:33	14:29	14:52	15:06	14:54	12.1	4:55
107	René van den Bosch	m	Rolde	1985	15 km	1:14:03	15:01	15:21	15:01	14:29	14:13	12.1	4:56
72	Harrie Bakker	m	Assen	1965	15 km	1:16:39	15:16	15:15	15:25	15:32	15:13	11.7	5:06
109	Peter Theuwissen	m	Assen	1961	15 km	1:20:19	16:29	15:46	16:26	15:17	16:22	11.2	5:21
103	Wouter Broekman	m	Zwolle	2002	15 km	1:29:39	16:38	16:55	17:44	19:15	19:09	10.0	5:58
102	Maartje Feenstra	v	Assen	1984	15 km	1:30:06	17:49	17:45	18:09	18:07	18:19	9.9	6:00

Aantal gefinished: 85